



The CIRT Network
The Center for the Integration of Research, Teaching and Learning

Register here!



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CIRT@ UCONN

Professional Development Workshop Wednesdays

Jan 22, 4 PM – Time: Using what you have more efficiently. (For GAs and PostDocs)

Being successful in graduate school and beyond depends on your ability to manage your time efficiently. Come learn some techniques for getting what you need to get done done while still having a life outside of work.

Feb 5, 9 AM – Mentoring 1: Communication and expectations (For GAs and PostDocs)

Effectively mentoring undergraduate students is an important skill for graduate students and postdocs. Come to learn about how to make sure you and your mentee are on the same page.

Feb 12, 4 PM – Mentoring 2: Fostering independence, ethics, and how background can affect the research experience. (For GAs and PostDocs)

Effectively mentoring undergraduate students is an important skill for graduate students and postdocs. Come for Part 2 of being an effective mentor. How to help your mentees get the most out of their experience.

Feb 19, 4 PM – Harnessing AI for your professional life (For GAs and PostDocs)

Curious about ways you can lighten your load with the help of AI? Come to this workshop to learn some ways it can make your life easier and how to avoid the ethical pitfalls of using AI.

CIRT: Professional development for graduate students and postdocs.
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Mar 5, 9 AM – Get what you need from your mentors: How to build your mentoring team. (For GAs and PostDocs)

Receiving the mentoring you need is key to success in graduate school and beyond. Come learn how to identify potential mentors and to figure out how to get the mentoring you need from them.

Mar 26, 4 PM – Colleagues and students in crisis: How to identify and help (For GAs and PostDocs)

Is the person you are working with struggling? Come learn how to identify colleagues and students in crisis and how to connect them to resources on campus.

Apr 9, 9 AM – Becoming a leader: Conflict resolution and meeting management (For GAs and PostDocs)

Planning on leading a lab, research group, or team someday? Uncomfortable with conflict? Hate waste-of-time meetings? Dealing with conflict and running effective meetings are important skills for success. Come learn some basic conflict resolution and meeting management skills.

Apr 23, 9 AM – Networking – what is it, why does it matter, and how to do it. (For GAs and PostDocs)

Conference season is coming up, which is a “great opportunity” to network. But how do you actually do it? Do you want to learn how to send cold emails? And what is an informational interview anyways? Come to this workshop to learn and practice some key networking skills.

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